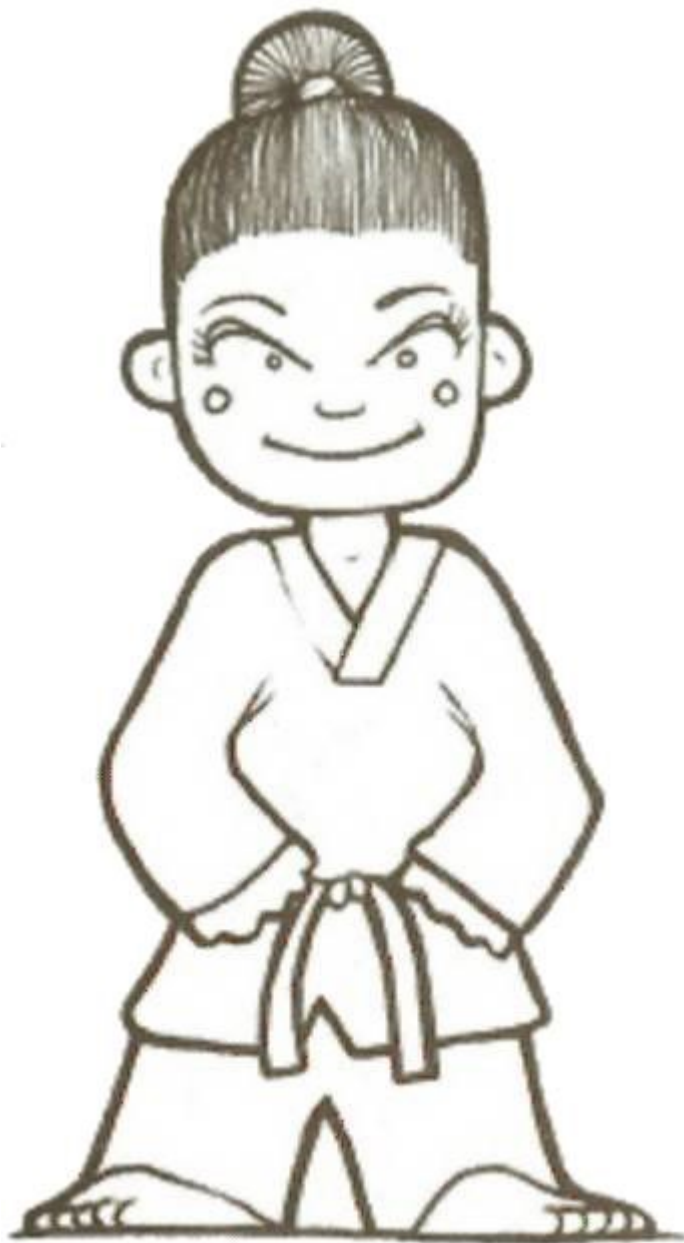


# Kicho Yi Jang



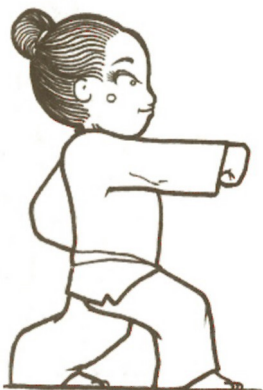


## Joon-Bi



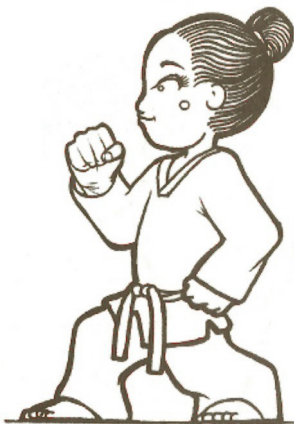
### Step #1 Left Outside Middle Block

Drop the left foot back diagonally, pivot to the left into a left front stance and execute a left outside middle block.



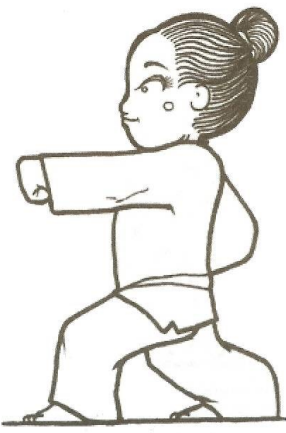
### Step #2 Right Regular Punch

Step forward into a right front stance and execute a right regular punch.



### Step #3 Right Outside Middle Block

Moving the right foot, turn 180 degrees to the right into a right front stance. Execute a right outside middle block.



### **Step #4 Left Regular Punch**

Step forward into a left front stance and execute a left regular punch.



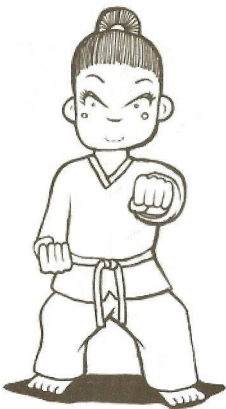
### **Step #5 Left Low Block**

Moving the left foot, turn 90 degrees to the left into a left front stance. Execute a left low block.



### **Step #6 Right Regular Punch**

Step forward into a right front stance and execute a right regular punch.



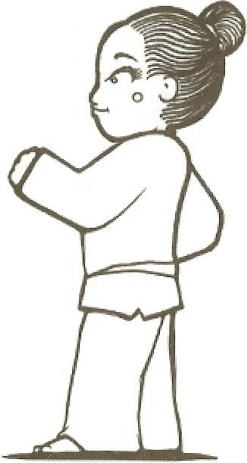
### **Step #7 Left Regular Punch**

Step forward into a left front stance and execute a left regular punch



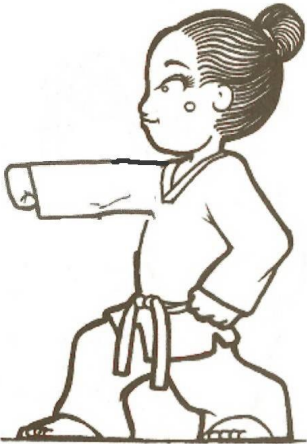
### **Step #8 Right Regular Punch**

Step forward into a right front stance and execute a right regular punch and **Kihap**.



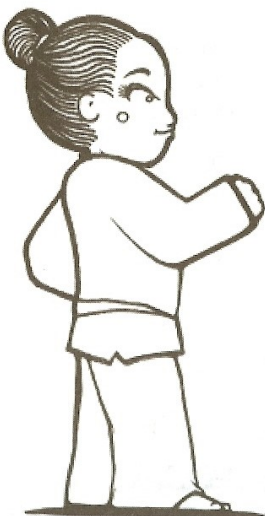
### **Step #9 Left Outside Middle Block**

Moving the left foot, turn 270 degrees to the left into a left front stance. Execute a left outside middle block.



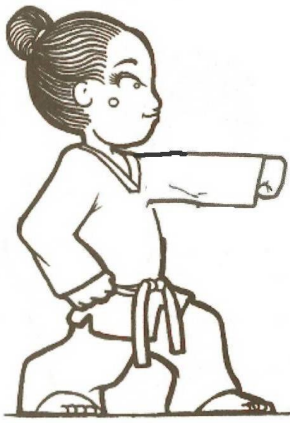
### **Step #10 Right Regular Punch**

Step forward into a right front stance and execute a right regular punch.



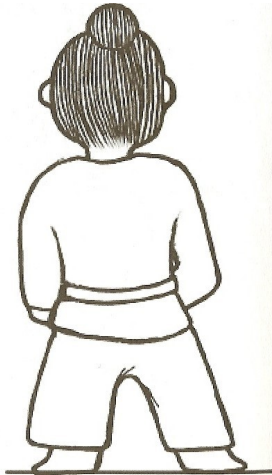
### **Step #11 Right Outside Middle Block**

Moving the right foot, turn 180 degrees to the right into a right front stance. Execute a right outside middle block.



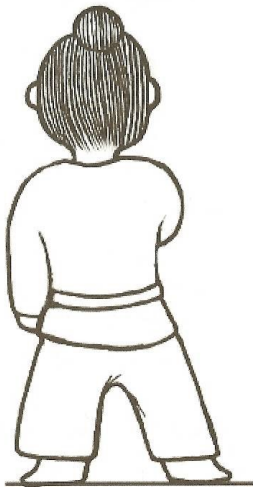
### **Step #12 Left Regular Punch**

Step forward into a left front stance and execute a left regular punch.



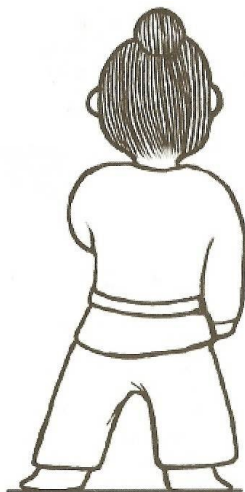
### **Step #13 Left Low Block**

Moving the left foot, turn 90 degrees to the left into a left front stance. Execute a left low block.



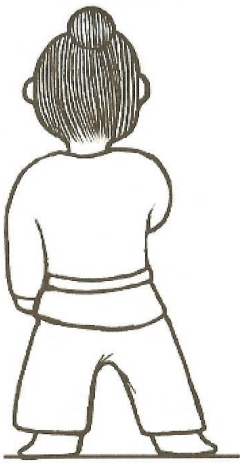
### **Step #14 Right Regular Punch**

Step forward into a right front stance and execute a right regular punch.



### **Step #15 Left Regular Punch**

Step forward into a left front stance and execute a left regular punch.



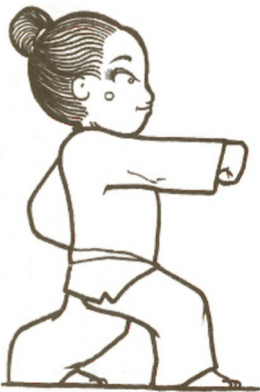
### **Step #16 Right Regular Punch**

Step forward into a right front stance and execute a right regular punch and **Kihap**.



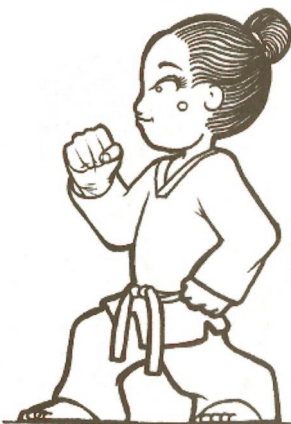
### **Step #17 Left Outside Middle Block**

Moving the left foot, turn 270 degrees to the left into a left front stance. Execute a left outside middle block.



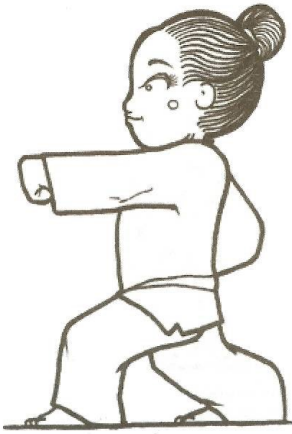
### **Step #18 Right Regular Punch**

Step forward into a right front stance and execute a right regular punch.



### **Step #19 Right Outside Middle Block**

Moving the right foot, turn 180 degrees to the right into a right front stance. Execute a right outside middle block.



## **Step #20 Left Regular Punch**

Step forward into a left front stance and execute a left regular punch .



**Return to Joon-Bi**