

## Taekwondo for the Whole Family

<u>Class SCHEDULE:</u> New classes begin every January, April, July, & September. Contact the Kirkwood Center or check the Website at <a href="https://www.kirkwoodparksandrec.org">https://www.kirkwoodparksandrec.org</a> for program and registration information and exact starting dates.

<b>CLASS TIMES</b> :	Taekwondo Kids (Age 4-6)	Wednesdays	5:15 - 615
	Taekwondo Youth (Age 7-9)	Thursdays	5:15 - 6:30
	Taekwondo Beginners (Age 10 Up)	Thursdays	5:15 - 6:30
	Taekwondo Families (Age 10 Up)	Thursdays	6:45 - 8:30

## **COSTS** (Cost is for a 12-week Session):

All Class Costs per 12 Week Session \$40 Resident - \$60 Non-resident

UNIFORM (REQUIRED) \$20-\$35 (Depending on uniform size)

NATIONAL AAU MEMBERSHIP (REQUIRED): \$20 Annual Fee

Description of Beginner Class – This class is one 12-week session class to learn the basics of Taekwondo with smaller classes able to devote attention to beginner training. After one 12-week session, students will move into the Thursday TKD Families class (age 10 up) which meets from 6:45-8:30.

Family Oriented - Family Priced For more information on the classes Contact Pat (Instructor) at 314-620-1987